

CGA Schedule

starts Jan 3rd

Monday	Tuesday	Wednesday	Thursday
<p>FUNd 1 4:00 to 5:00</p> <p>Level 2 4:30 to 5:30</p> <p>Platinum 5:40 to 7:30</p>	<p>FUNd 2 4:00 to 5:00</p> <p>Level 1 4:30 to 5:30</p> <p>Chrome 5:40 to 7:30</p>	<p>Level 3 4:30 to 5:30</p> <p>Platinum 5:40 to 7:30</p>	<p>Tiny Tumble ages 3.5-5 4:00 to 4:45</p> <p>Level 2 4:30 to 5:30</p> <p>Chrome 5:40 to 7:30</p>
<p>Onyx 4:30 to 6:00</p> <p>Level 4/5 6:00 to 7:00</p> <p>Slate 7:10 to 9:00</p>	<p>Jumps 4:20 to 4:50</p> <p>Flex 4:50 to 5:10</p> <p>Stunts 5:10 to 5:35</p> <p>Invite Only 5:35 to 6:00</p> <p>Level 3 6:00 to 7:00</p> <p>Lady Steel 7:10 to 9:00</p>	<p>FUNd 1 4:00 to 5:00</p> <p>FUNd 2 5:00 to 6:00</p> <p>Level 1 6:00 to 7:00</p> <p>Slate 7:10 to 9:00</p>	<p>Onyx 4:30 to 6:00</p> <p>Level 4/5 6:00 to 7:00</p> <p>Lady Steel 7:10 to 9:00</p>

Scan the QR code to see examples of the skills for each Tumbling Class Level.

New Athletes have the opportunity on Mondays or Wednesdays at 5:30 to work with one of our Coaches to be evaluated and find the best classes to help you reach your Cheer and Tumbling Goals.

Once an athlete can consistently execute the 6 skills for that Level with great technique, they will be ready to Earn their Medal and move up to the Next Level!

